



*SALAD LUNCHEON  
COOKBOOK*

*A Collection of Recipes by  
The Women of St. John's  
Lutheran Church  
424 First Avenue South  
Jamestown, North Dakota  
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*2005*

# Appreciation

There is a special bond among those who break bread together, a custom established by our Lord Jesus Christ. We hope that this collection of recipes will bless those who use them.

A special thank you to each one who took the time to share their favorite recipes that made this book possible.

## **Fruit Salad**

2 cans mandarin oranges (drained)  
1 large can fruit cocktail (drained)  
1 can crushed or tidbits pineapple (drained)  
1 can apricot pie filling  
1 or 2 apples (diced)  
Mix and add 2 or 3 bananas.

**Edith Coddling**

## **Raspberry Salad**

3/4 # lettuce or spinach  
1 cup fresh raspberries  
2 large kiwi (cut up)  
Whole pecans or almonds  
May add cooked chicken breasts (diced)  
Mandarin oranges  
Dressing: 2 tbsp white vinegar  
          2 tbsp raspberry jam  
          1/3 cup vegetable oil

Blend with wire whisk & pour over salad.

You may also use Raspberry Vinegarette Dressing.

**Mary Trautman**

## Cool As A Cucumber Salad

- 1 (3 oz) pkg lime jello
- 3/4 cup hot water
- 1/4 cup lemon juice
- 1 tsp grated onion
- 1 cup whipping cream (whipped)
- 1 cup diced cucumbers (do not peel)

Dissolve jello in hot water. Add lemon juice and onion. Chill until partially set. Fold in whipped cream & cucumbers. Refrigerate.

**Irene Koehn**

## Auntie M's Salad

- 1 pkg corn (frozen)
  - Cucumber (peeled & diced)
  - Tomato (diced)
  - Green pepper (diced)
  - Red pepper (diced)
  - Green onions (diced)
- Mix with 1/2 to 1 cup Zesty Italian Dressing  
Chill & serve.

**Deb Clemens**

## Cranberry Salad

2 cups raw cranberries (ground)

3/4 # miniature marshmallows

1 cup sugar

1 pt whipping cream (I use Rich Whip)

1 cup crushed pineapple (well drained)

Combine the ground cranberries and sugar. Set in refrigerator for 2 hours. Whip cream thick and add marshmallows. Set in refrigerator for another 2 hours. Combine the two mixtures and add pineapple. Let set overnight in refrigerator.

(A great holiday salad)

**Alice Johansen**

## Grape Salad

1 # green seedless grapes (2 cups)

1 # red seedless grapes (2 cups)

3/4 cup brown sugar

1/2 cup whipped topping

1 cup sour cream

1/2 cup slivered almonds

Mix brown sugar, whipped topping, sour cream and nuts. Pour mixture over grapes. Refrigerate.

**Margaret Reinke**

## Wild Rice Salad

- (6 oz) wild rice
- 1/4 cup rice vinegar
- 1/4 cup olive oil
- 1/4 cup soy sauce
- 2 cloves fresh garlic (minced)
- 3 tbsp fresh ginger root (minced)
- (6 oz) can sliced water chestnuts (drained)
- (7 oz) can sliced mushrooms (drained)
- 1/4 cup chopped toasted cashews
- 1/4 # snowpeas
- 3 cups bean sprouts

Cook wild rice according to package instructions. Drain and rinse. In a medium bowl whisk together vinegar, oil, soy sauce, garlic and ginger root. Add water chestnuts and mushrooms. Toss in rice, snowpeas and bean sprouts. Refrigerate and top with cashews at serving time. (Toss in some cherry tomatoes with the snowpeas for a red and green holiday accent.)

**Ruth Schulz**

## **Mello Yellow Jello**

- 2 (3 oz) pkg lemon jello
- 2 cups Mello Yellow
- 2 cups boiling water
- 1 can pineapple tidbits (drained)
- 2 bananas
- 2 cup miniature marshmallows
- 1 can lemon pie filling
- 1 carton Cool Whip

Mix jello with boiling water. Add Mello Yellow and pineapple. When almost set add sliced bananas and marshmallows. When set layer with lemon pie filling and Cool Whip.

**Shirley Unverferth**

## **Pistachio Salad**

- 2 (20 oz) cans crushed pineapple & juice
- 2 (3 oz) pkg instant pistachio pudding
- 2 cups miniature marshmallows
- 3/4 cup pecans (chopped)
- 1 (8 oz) Cool Whip

Pour instant dry pudding mix into pineapple. Fold in other ingredients. Keeps 3 to 4 days.

**Esther Sorenson.**



## **Broccoli Salad**

1 bunch broccoli (chopped)

You can also use some of the stem

(peel & slice thin)

1/2 # bacon (fried crisp & crumbled)

1 cup sunflower seeds

1/2 cup raisins

1/2 medium onion (chopped)

Dressing: 3/4 cup mayonnaise

1/3 cup sugar

3 tbsp vinegar

Mix well & pour over broccoli mixture.

**Idella Billington**

## **Beet Salad**

1 (3 oz) pkg lemon gelatin

1 cup boiling water

3/4 cup beet juice

1/2 tsp salt

1 tbsp horseradish

2 tbsp vinegar

2 tbsp grated onion

1 cup diced beets

3/4 cup diced celery

**Doris Radtke**

### **Pasta Fruit Salad**

3 cups pasta shells (cooked)  
(20 oz) can pineapple chunks (drained)  
1 large orange (sectioned)  
1 cup red grapes (halved)  
1 cup green grapes (halved)  
1 medium apple (cut in chunks)  
1 large banana (sliced)  
1 (8 oz) carton plain yogurt  
1/4 cup orange juice concentrate  
Combine pasta & fruit. Mix yogurt & orange  
juice and pour over salad. Refrigerate.  
**Mavis Smith**

### **Fruit Salad With Cream Cheese**

1 (8 oz) pkg cream cheese  
1 tsp dry mustard  
1/2 cup orange juice  
1 tbsp honey  
Serve over fruit arranged on lettuce. ( Any fruit  
can be used; bananas, apples, grapefruit, etc.)  
**Sylvia Vossler**

## Cornucopia Salad

1 head iceberg lettuce (washed, patted dry and torn into pieces)

1/2 cup green pepper (diced)

1/2 cup celery (diced)

1 cup frozen green peas (thawed & uncooked)

2 (8 oz) cans sliced water chestnuts

3 bananas (sliced, tossed in 1/4 cup lemon juice)

3/4 cup raisins

3/4 cup chopped nuts (pecans, walnuts or salted peanuts)

1 cup grated Cheddar cheese

3/4 cup chopped green onion (green part only)

10 to 12 slices bacon (cooked until crisp, chopped)

Dressing: 2 cups mayonnaise

1/4 cup sugar

1 tbsp white vinegar

In a large rectangular dish, layer salad ingredients in the order listed, stopping after the nuts. Mix dressing ingredients and let stand for 5 minutes. Spread dressing over entire top of salad covering it completely. Sprinkle cheese, green onions, and bacon over salad. Refrigerate for 3 to 4 hours before serving.

**Pam Golde**

## **Frozen Fruit Salad**

1 (3 oz) pkg jello - mixed fruit, strawberry,  
lemon, or orange-pineapple

1 cup boiling water

1 can pineapple tidbits (drain & save)

1/4 cup lemon juice

1/3 cup mayonnaise

1 cup whipping cream or Cool Whip

1 medium banana (diced - optional)

1/2 cup seedless grapes (halved)

1/4 cup maraschino cherries

1/4 cup nuts (optional)

Dissolve jello in boiling water.

Drain pineapple. Measure the reserved juice and add water to make 1/2 cup; stir into jello with lemon juice. Blend in mayonnaise. Chill until very thick. Whip the whipping cream. Fold the fruits, nuts and whipping cream into the jello. Pour into a 5x9x3 inch loaf pan and freeze until firm, about 3 to 4 hours. Cut in slices or squares.

**Sylvia Vossler**

## Salmon Salad

3 cups pasta  
(7 oz) can salmon  
1 small onion  
1 cup diced celery & carrot  
1 cup peas  
Mayonnaise dressing

Parsley (optional)

Cook pasta. Cool. Remove skin & liquid from salmon.

Mix Dressing: 1 cup mayonnaise or Miracle Whip  
1/4 cup milk or half & half  
Pepper to taste

Mix pasta and dressing. Add vegetables and salmon. Garnish with parsley. Refrigerate. Serve on lettuce.

**Lois M. Knudson**

## Lime Cucumber Salad

Dissolve and chill 1 large box lime jello in  
3 cups boiling water (cool)

Cream: 1 (3 oz) pkg cream cheese  
1/2 cup Miracle Whip

Whip: 1 cup sweet cream

Add the following: 2 cups fresh cucumber (diced)  
1 tsp onion (grated)  
1/2 cup pimientos (diced)

Pour into mold or pan. Chill

**Lila Hennings**

## 24 Hour Salad

1 can sliced pineapple ( broken into bits & well drained)

1/2 # marshmallows

1/2 cup chopped nuts

1 can white cherries or grapes (drained)

Any other fruit you wish.

Dressing: 2 eggs, lightly beaten

3/4 cup sugar

1 lemon (juice & grated rind)

1 orange

1 cup cream (whipped)

Beat together (all but cream) Cook until thickened.

Cool. Add whipped cream & fruit. Pour into mold or dish.

Let set 24 hours or overnight in refrigerator.

**Jeanne Ziegelman**

## Cream Cheese & Carrot Salad

Dissolve in 2 cups boiling water:

12 large marshmallow

1 large pkg cream cheese

1 small pkg lemon jello

Refrigerate until jello starts to set.

Then add: 1 (20 oz) can crushed pineapple (drained)

1/2 cup chopped nuts

1/2 cup grated carrots

Fold in 1 cup whipped cream (I use Rich Whip)

**Alice Johansen**

## **Kathy Starkey's Very Own Macaroni Salad**

1/2 box elbow macaroni (boiled & drained)

2 onions (chopped)

6 to 8 boiled eggs

1/2 block medium Cheddar Cheese (grated)

1 pkg frozen small shrimp

1/2 pkg crab meat

About 1/2 # of Jenny O Turkey Ham (cubed)

Sliced black or green olives (or both)

Chopped dill pickles

Salt & pepper

Mix all together with mayonnaise or salad dressing.

Serve cold after setting in refrigerator overnight.

Garnish with sliced eggs & paprika.

**Kathy Starkey**

## **Taco Salad**

1-1/2 # hamburger

1 head lettuce

1 (8 oz) pkg cheddar cheese

Tomatoes (diced)

Black olives (diced)

1 pkg taco chips (crushed)

1 cup taco sauce

2 cups Western Dressing

Brown and season hamburger. Drain off any grease and chill. Add the rest of the ingredients. Add taco chips.

**Shirley Unverferth**

## Salad

2 pkg apricot jello  
2 cups boiling water  
2 cups cold water  
2 cups miniature marshmallows  
2 sliced bananas  
1 can crushed pineapple (drain & save)

Mix in order given & let set.

Topping: 1 2 cup sugar  
1/2 cup pineapple juice  
2 tbsp butter  
1 egg, beaten  
2 tbsp flour

Cook until thick. Add 1/4 cup cream cheese.  
Whip 1 box of Dream Whip. Fold into mixture.  
Spread on jello.

**Erna DuVall**



## Taco Salad

1 to 2 head of lettuce

2 # browned hamburger

2 pkgs Taco mix

3/4 cup Catalina Dressing

Brown hamburger. Add Taco mix & dressing.

Add: 1/2 # grated cheddar cheese

1 to 2 cans olives (sliced)

1 cup tomatoes (sliced)

1 to 2 onions (chopped)

Line plate or bowl with Taco flavored Doritos

Spoon on meat, onion, cheese, tomatoes and olives.

Garnish with cheese and serve with Picante Sauce

or Catalina Dressing

**Marge Lange**

## Healthy Salad

In a large bowl: add 1 pkg cole slaw &

1 bunch green onions (finely sliced)

In a medium bowl: add 2 pkg chicken

Ramen noodles (crunched), 1 cup almonds

(sliced) optional & 1 cup sunflower seeds

In a small bowl: add 1/2 cup canola oil,

1/3 cup vinegar, 1/2 cup sugar & 2 pkg

Ramen noodle seasoning.

Mix ingredients from the first 2 bowls.

Add dressing just before serving.

**Sylvia Vossler**

## A Tasty Jello Treat

2 cups boiling water

1 (6 oz) pkg orange jello

1 (15 oz) can crushed pineapple with juice

1 (11 oz) can mandarin oranges (drained)

1 (6 oz) can frozen concentrated orange juice

(do not add water)

Add a layer of miniature marshmallows between jello & topping

Topping: 1 (3 oz) pkg instant lemon pudding

1 cup milk

1 (8 oz) container Cool Whip

Combine water & jello, add crushed pineapple with juice, oranges, and orange concentrate. Pour into a 9x13 pan. Refrigerate until firm.

Top with the following:

Mix pudding & milk until smooth. Fold in Cool Whip. Spread over firm jello. Refrigerate 1 hour before serving. (Low fat or sugar free products may be used)

**Millie Meidinger**

## Macaroni Salad

(7 oz) pkg elbow macaroni

1/2 cup mayonnaise

1 onion (chopped)

1/2 cup cheese (cubed)

1/2 cup ham (diced)

1/2 cup frozen peas

Cook macaroni until tender, drain and rinse with cold water. Mix all together. Chill in refrigerator for 1 hour.

**Gladys Ley**

## Fresh Vegetable Salad

2 cups broccoli florets

2 cups cauliflowerets

1/2 cup celery (chopped)

1/2 cup green pepper (chopped)

1/2 cup onion (chopped)

1/4 cup carrot (grated)

1 cup mayonnaise or salad dressing

1/4 cup sugar

3 tbsp Parmesan cheese (grated)

2 bacon stripes (cooked & crumbled)

Toss vegetables in a large salad bowl. In a small bowl, c mayonnaise, sugar & Parmesan cheese. Pour over veg and toss to coat. Cover & chill. Sprinkle with bacon jus before serving.

**Brenda Peterson**

## Tossed Salad With Apples & Cashews

Dressing: 3/4 cup sugar  
1 tsp dry mustard  
1 tsp salt  
1/3 cup cider vinegar  
1 tsp onion (chopped)  
1/2 cup water  
1/2 cup vegetable oil  
1-1/2 tsp poppy seed

Salad: 1 small head lettuce  
(5 oz) fresh baby spinach  
2 large Granny Smith apples  
(Sliced very thin)  
1/2 # Swiss cheese  
1 (9.25 oz) can cashews (halves or pieces)

Heat sugar, mustard, salt, vinegar and onion in a saucepan until sugar is dissolved. Do not boil. Add water, oil and poppy seeds. Chill in refrigerator. Toss together lettuce, spinach, apples, cheese and cashews. Serve salad with dressing on the side. You can add up to 1/2 cup chopped red onion to the dressing.

**Karen Espeseth**

## **Chicken Salad**

4 lemon pepper chicken breasts (browned & diced)

2 cups grapes (cut in half)

1-1/2 cups celery

1 apple (peeled & sliced)

3/4 cup almonds or walnuts

1/3 to 1/2 cup raisins

Dressing: 1-1/2 cups Miracle Whip

1/2 cup sour cream

1 tbsp sugar

A little mustard

1 tbsp vinegar

**LaVerne Hunt**

## **Baby Spinach Salad**

1 pkg baby spinach leaves

1/2 pkg Feta cheese (crumbled)

1 pt strawberries (sliced)

1/2 cup blanched cashew nuts

(approx) 1/4 cup raspberry vinaigrette dressing

Rinse & dry spinach leaves. Combine all

ingredients in bowl. Mix. Just before serving

add dressing. Refrigerate.

**Tamara Dallmann**

**Marva Miska**

## Green Salad With Pasta

3 cups summer garden pasta blend

2 to 3 cups water

3 cups corn

1 cup celery

1 cup green pepper

1 cup red pepper

1/2 cup chopped onion

Dressing: 3/4 cup cider vinegar

1 cup sugar

1/2 cup oil

1 tbsp water

1 tsp salt

1 tsp pepper

In a small sauce pan, combine dressing ingredients over medium heat. Boil 1 minute & allow to cool. In a large sauce pan or Dutch Oven, bring water to a boil. Place vegetables in steamer or colander over boiling water. Cover vegetable steamer for 8 to 10 minutes, until crispy tender. Immediately place vegetables into ice water for 5 minutes. Drain. Pour dressing over vegetables & toss gently. Mix and refrigerate at least 4 hours.

## Spinach Strawberry Salad

1 bundle spinach

2 pts strawberries

Wash, clean & dry spinach. Slice strawberries.

Dressing: 1/2 cup sugar

2 tbsp sesame seeds

1-1/2 tsp onion (minced)

1/2 tsp Worcestershire sauce

1/4 tsp paprika

1/2 cup oil

1/4 cup cider vinegar

Mix in blender & pour over spinach and strawberries just before serving.

**Margaret Reinke**

## Cucumber Salad

4 medium cucumbers (peeled)

1-1/2 cups real mayonnaise (not salad dressing)

1/2 cup sugar

1 large onion (sliced)

Salt, pepper & vinegar

Put cucumbers and onion in bowl. Combine mayonnaise sugar, seasoning and just enough vinegar to make dressing pour easily (2 to 3 tbsp). Let stand overnight.

Keeps at least a week in refrigerator. I keep adding mayonnaise.

**Audrey Gilbertson**

## Mayda's Cole Slaw

1 medium head cabbage (shredded, about 8 or 9 cups)

1 medium onion (finely chopped - or to taste)

1 green pepper (chopped)

1 cup shredded carrots

Boil together: 1/2 cup sugar

1/2 cup vinegar

1/3 cup honey

1/2 cup oil

1 tsp salt

1/2 tsp celery seed

Pour hot over cabbage. Let set in refrigerator overnight.

## Cranberry Relish Mold

1 tsp un-flavored gelatin

1 tbs cold water

2 (3 oz) pkg cherry jello\*

2 cups boiling water

1 (16 oz) can whole cranberry sauce

1 (8 oz) can crushed pineapple (drained)

1/4 to 1/2 cup chopped celery

In a bowl, combine un-flavored gelatin & cold water.

Let stand 1 minute. Add jello & boiling water.

Stir until dissolved. Stir in cranberry sauce, pineapple & celery. Pour into a 6 cup mold that is coated with nonstick cooking spray. Refrigerate until set. Unmold onto a serving plate. \*I use sugar free jello.

**Marion Drenth**



## A Tasty Jello Salad

2 cups boiling water

1 (6 oz) pkg orange jello

1 (15 oz) can crushed pineapple + juice

1 (11 oz) can mandarin oranges (drained)

1 (6 oz) can frozen orange juice (thawed but do not add water)

Topping: 1 (3 oz) pkg instant lemon pudding

1 cup milk

1 (8 oz) Cool Whip

Combine jello & water, stirring until dissolved. Add crushed pineapple & juice, mandarin oranges & orange juice. Pour into a 9x13 pan & refrigerate until firm. Mix pudding and milk until smooth, fold in Cool Whip. Spread over firm jello mixture. Refrigerate.

**Pauline Roemmich**

## Fruit Salad

1 can fruit cocktail (drain & save)

1 can mandarin oranges (drain & save)

1 can pineapple tidbits (drain & save)

1/2 cup miniature marshmallows

1/2 cup cream (whipped)

1 box orange tapioca pudding

Cook the tapioca pudding with 2 cups of the saved juices. Cool. Add all the fruit. Fold in the whipped cream. Chill.

**Ida Walters.**

## Ham Macaroni Salad

1 pkg macaroni & cheese  
1/2 cup salad dressing  
2 tsp prepared mustard  
2 tomatoes (seeded & chopped)  
1 cucumber (diced)  
1 cup diced ham  
4 hard boiled eggs (diced)  
1/2 cup celery (diced)  
2 tbsp chopped onion  
1/2 tsp salt  
pepper to taste

Cook macaroni & cheese. Cool for 20 minutes.  
Stir in salad dressing and mustard. Add rest  
of ingredients and refrigerate.

## Cajun Potato Salad

1# potatoes (cooked, peeled & diced)  
1/4 cup vinegar  
2 tbsp olive oil  
1-1/2 tsp sugar  
1/2 tsp salt  
1 tbsp oil  
1 cup corn  
1/2 cup onion (diced)  
1 tsp Cajun seasoning mix  
**Rene Otto**

## Summer Fruit Punch Salad

- 1 (3oz) cherry jello
- 1 (3oz) strawberry jello
- 1-1/2 cups boiling water
- Ice cubes
- 1 cup orange juice
- 1 pt (2 cups) strawberries (sliced)
- 1 cup seedless grapes (halved)
- 1-1/2 cups thawed Strawberry Cool Whip

Mix dry gelatin mixes in large bowl. Stir in boiling water at least 2 min. until completely dissolved. Add enough orange juice to measure 2 1/4 cups. Add to gelatin; stir until thickened. Remove any unmelted ice. Stir in fruit. Pour into large serving bowl. Refrigerate 2 hours or until firm. Top with whipped topping before serving. Store in refrigerator.

**Loretta Parfit**

## Millionaire Salad

- 1 can Eagle Brand Condensed Milk
- 1 can cherry pie filling (Wilderness)
- 1 (9 oz) Cool Whip
- 1 can crushed pineapple (sometimes I use the juice and sometimes I drain it)
- 1 cup pecans or walnuts (broken)

Mix all ingredients together and refrigerate. Rich and very good.

**Leona Daede**

## Copper Penny Salad

1/2 box rainbow Rotini  
1# carrots (sliced crosswise)  
1 can tomato soup  
3/4 cup sugar  
1/2 cup salad oil  
1/4 cup vinegar

1 large onion cut into rings

Cook Rotini until tender, drain and set aside.

Cook carrots until slightly crisp. Drain & cool.

Mix together soup, sugar, oil & vinegar. Combine cooled Rotini, carrots & onions. Blend gently with other liquid ingredients. Cover & refrigerate.

It can set overnight

**Velma Roeske**

## Pasta Salad

1# rainbow Rotini  
2 cans crab meat  
1 (16 oz) bottle Zesty Italian Dressing  
1 cucumber (cubed)  
2 tomatoes (cubed)  
1 green pepper (cubed)  
1 tsp season salt  
1/4 tsp pepper

Cook, drain, rinse & cool Rotini. Mix noodles with Italian Dressing Seasoning & let marinate over night. Mix noodles & vegetables. Toss & serve.

**Lill Meyer**

## **Glorified Rice**

2 cups cooked rice

1 (20 oz) can crushed pineapple (drain & save)

1 (3 oz) pkg lemon jello

1/2 cup sugar

1 cup whipping cream

1 tsp vanilla

Maraschino cherries (optional)

Drain pineapple. Dissolve jello & sugar in

1 cup hot water; add pineapple juice. Chill

until thickened. Cook rice according to directions.

Cool. Whip chilled jello. Whip the cream and

add to jello, add vanilla. Combine pineapple &

rice. Fold in jello & cream mixture. Pour into

salad bowl or mold. Top with cut cherries if desired.

**Deloris Christy**

## **Fruit Salad**

1 pkg instant vanilla pudding

1 cup light buttermilk

1 (16 oz) container low-fat whipped topping

2 medium cans mandarin oranges (drained)

1 can pineapple (drained)

1 can fruit cocktail (drained)

Mix pudding & buttermilk until well blended. Fold

in whipped topping. Carefully mix in fruit. Chill.

**Rinalde Diede**

## **Ramen Noodle Salad**

Bring 4 cups water to a boil, remove from stove, add noodles from 3 pkgs of Ramen noodles. Cover & let set 10 minutes, drain & rinse in cold water, add the spices from the noodle pkgs & mix well.

Add: 1 small onion (diced)

1/2 cup celery (diced)

1/2 cup cabbage (chopped fine)

1/4 cup shredded carrots

When ready to serve add:

1 can tuna or shrimp (drained)

2 tbsp salad oil

1 tbsp vinegar

**Lenora Gartner**

## **Green Bean Salad**

2 cans green beans (drain well)

2 cans mandarin oranges (drained)

1 small can pineapple tidbits (drained)

3/4 cup celery (diced)

3/4 cup onion (diced)

Dressing: 1 cup sugar

1/2 cup oil

1/4 cup vinegar

Mix and pour over vegetables. Let stand at room temperature for 1 hour; mixing several times. Refrigerate.

**Lenora Gartner**

## Quick & Easy Fruit Salad

1 pkg instant lemon pudding  
1/2 cup pineapple juice  
1 cup sour cream  
1 cup Cool Whip  
1 cup miniature marshmallows  
2 (11oz) cans mandarin oranges (drained)  
1 can pineapple tidbits (drained)  
1 cup red grapes  
1 cup green grapes

Drain fruit well, reserving 1/2 cup pineapple juice.  
Mix pudding with pineapple juice. Add 1 cup sour cream. Mix well. Fold in Cool Whip, grapes, oranges, pineapple & marshmallows. Chill.

**Mickey Kust**

## Cranberry Apple Salad

1 (16 oz) can whole cranberries  
1 (20 oz) can pineapple tidbits (drained)  
4 to 5 apples (chopped)

Mix together and sprinkle 2 pkgs sugar free cherry jello over all. Mix and cool.

**Darlene Goehner**

## Large Gathering Potato Salad

Serves 100 people

Boil 20# of potatoes

4 dozen eggs

1 cup celery

2 onions (chopped)

2 qts Miracle Whip

1 qt cream or half & half

1/2 cup sugar

Salt & pepper to taste

1/2 cup relish or sweet pickle juice

2 tsp of Watkins Potato Salad Seasoning

Garnish with paprika

Tastes best after being chilled over night.

**Marge Lange**

## KFC Cole Slaw

8 cups shredded cabbage

1/2 cup shredded carrot

1/2 cup mayonnaise

1/3 cup sugar

1/4 cup milk

1/4 cup buttermilk

2-1/2 tbsp lemon juice

1-1/2 tbsp white vinegar

Salt & pepper to taste.

**Helen Gushwa**



## Raspberry Rice Salad

- 1 cup uncooked rice
- 2 cups water
- 2 cups milk
- 1 cup sugar
- 1 (8 oz) Cool Whip
- 2 pkg frozen sweetened raspberries (thawed)
- 3 tbsp cornstarch

Cook rice in water for 20 minutes. Drain. Add milk and sugar, cook another 20 minutes. Cool mixture. Fold in Cool Whip and set aside.

Drain raspberries, reserving juice. Add cornstarch to juice and cook until thick. Cool. Add raspberries. Layer in bowl with the rice and then the raspberries. Garnish with fresh raspberries.

**Sharon Dockter**

## Pink Pineapple Rice

- 1 box red jello
- 1 cup hot water
- 1 cup drained crushed pineapple (save juice)
- 1/2 cup sugar
- 1-1/2 cups uncooked rice
- 1 (8 oz) Cool Whip

Cook rice. Rinse under cold water to cool.

Store in refrigerator until needed. Mix the jello and hot water. Add sugar and reserved pineapple juice. Let set until partly jelled. Whip the jello.

Add Cool Whip. Add rice. Mix well and refrigerate. This takes a few hours to set.

**Sharon Dockter**

## Cold Macaroni & Cheese Salad

1 pkg macaroni & cheese (use directions on pkg)  
1/2 cup celery (chopped)  
1/2 tsp salt  
6 hard boiled eggs  
1 (10 oz) pkg frozen peas  
1 chopped tomato  
1/2 cup onion (chopped)  
dash pepper  
3/4 cup salad dressing  
Prepare macaroni according to directions. Cool.  
Add the rest of the ingredients. Mix. Use 2 of  
the eggs for decoration on top.

**Audrey Gilbertson**

## A Good Cabbage Salad

1 (16 oz) pkg Classic Cole Slaw  
Small onion (chopped)  
3 pkgs Ramen noodles (do not use flavoring)  
Mix well: 1 cup salad oil  
4 tbsp vinegar  
4 tbsp sugar  
4 tsp (Accent) or a little more  
1/2 tsp pepper  
1 tsp salt

Pour mixed liquid over cabbage and broken up noodles.  
Make 12 hours before serving. Keep in refrigerator  
until ready to serve. Keeps real well.

**Myrtle Henderson**

## **Peach Salad**

1-1/2 cups crushed Ritz Crackers

1/2 cup melted butter

4 tbsp sugar

Mix and pat into 9x13 pan. Bake at 350 degrees for 10 minutes. Cool.

1 (29 oz) can sliced peaches (drained - save)

1 (8 oz) pkg cream cheese

1 cup sugar

1 (8 oz) Cool Whip (thawed)

2 (3 oz) pkg peach jello

Mix jello with 2 cups boiling water. Add juice from peaches. Add water if necessary to make 1-1/2 cups liquid. Chill until slightly set. Mix cream cheese with 1 cup sugar. Fold in Cool Whip. Spread over cooled crust. Lay peaches over creamy layer. Pour jello over peaches. Refrigerate 8 hours.

**Catherine Roemmich**

## **Cookie Pudding Salad**

2 boxes instant pudding (chocolate or vanilla)

3-3/4 cups milk

(8 oz) container Cool Whip

1 pkg Oreo cookies (crushed)

Mix pudding and milk according to box directions.

Let set, then fold in Cool Whip and Oreo cookies.

Save a few for the top.

This can also be used as a dessert.

**Arlene Bitterman**

### BLT Bites

16 to 20 cherry tomatoes  
1 # bacon (cooked & crumbled)  
1/2 cup mayonnaise or salad dressing  
1/3 cup green onions (chopped)  
3 tbsp Parmesan cheese (grated)  
2 tbsp fresh parsley (snipped)  
Cut a thin slice off of each tomato top.  
Scoop out and discard pulp. Invert the  
tomatoes on a paper towel to drain. In a  
small bowl combine all remaining  
ingredients. Mix well. Spoon into  
tomatoes. Refrigerate for several hours.

**Gwen Geiszler**

### Cranberry Salad

1/2 pkg cranberries  
1/2 cup sugar  
1 cup cream  
1 tbsp sugar  
1/4 pkg miniature marshmallows  
1/2 cup crushed pineapple (drained)  
Nuts (optional)  
Grind cranberries. Add sugar. Let set for  
2 hours. Whip cream. Add pineapple  
& sugar. Let set for 2 hours. Combine the two  
mixtures. Add marshmallows and let set overnight.  
You may add chopped nuts before serving.

**Erna DuVall**

## **Golden Glow Salad**

Dissolve: 1 pkg (3 oz) orange jello

1/2 tsp salt

1-1/2 cups hot water

Add: (8 oz) can crushed pineapple (or  
2/3 cup pineapple + 1/3 cup juice)  
1 tbsp lemon juice

Chill until slightly thickened.

Fold in 1 cup coarsely grated raw carrots

1/3 cup chopped nuts

Chill - turn onto lettuce. Serve with mayonnaise.

**Diane Luiken**

## **Refreshing Fruit Salad**

Sliced strawberries

Sliced bananas

Mandarin oranges

Raspberries

Mix all together with Cool Whip or whipped cream.

Good for those hot summer days.

**Kathy Starkey**

## Springtime Potato Salad

6 cups cooked potatoes (peeled & diced)

4 hard boiled eggs (chopped)

1/2 cup celery (chopped)

1/2 cup sweet pickles (chopped)

1/3 cup onion (chopped)

1/3 cup radishes (chopped)

1/2 cup mayonnaise

3 tbsp sugar

1 tbsp vinegar

1 tbsp milk

1-1/2 tsp prepared mustard

1/2 tsp salt

Paprika (optional)

In a bowl, combine potatoes, eggs, celery, pickles, onion and radishes. In another bowl, combine mayonnaise, sugar, vinegar, milk, mustard and salt. Mix well. Pour over potato mixture. Stir to coat. Sprinkle with paprika. (if desired)

**Brenda Peterson**

## **Sunflower Strawberry Salad**

2 cups sliced fresh strawberries

1 medium apple (diced)

1 cup seedless green grapes (halved)

1/2 cup thinly sliced celery

1/4 cup raisins (optional)

1/2 cup strawberry yogurt

2 tbsp sunflower seeds

Combine first 5 ingredients. Stir in yogurt.

Add sunflower seeds just before serving.

**Borgni Edin**

## **Quick Veggie Slaw**

1 (13 oz) pkg broccoli florets

1 (14 oz) pkg mixed vegetables

1 green onion (chopped)

1 red delicious apple or grape tomatoes (chopped)

1/2 cup cider vinegar

1/4 cup apple juice

1/3 cup sugar

1/4 tsp salt

1/4 tsp pepper

**Beulah Glaeseman**

